



## FIRST AID AWARENESS

### Scope and Applicability Statement

Throughout this document, 'Company' refers to the subscribing company listed on the cover page and applies to all locations where this procedure is implemented under the OpsIntegrity safety program.

### Customization and Compliance Statement

OpsIntegrity provides these procedures as part of its standardized safety framework. The subscribing Company is responsible for ensuring compliance with all local, state, and federal regulations.



## Purpose

The purpose of this program is to establish minimum first aid supplies, equipment, and procedures necessary to properly respond to workplace injuries.

## Scope

This program applies to all employees. Contractors working on-site must follow their own written first aid procedures or adopt this procedure.

## Responsibilities

- **Superintendent:** Ensures first aid kits are provided and maintained.
- **Employees:** Use first aid materials safely and report low supply levels.

## Requirements

### Planning

- At least one trained first aid provider must be present when work is performed in areas where immediate medical assistance is not available.
- Provisions must be in place for emergency medical attention, including transportation.
- Adequate first aid supplies and equipment must be easily accessible.
- If 911 is unavailable, emergency contact numbers must be posted.

### Medical Response

- Minor injuries must be self-treated whenever possible.
- Employees may only assist others if the injured person is physically unable to provide self-care.
- Universal precautions must be followed when treating injuries to prevent exposure to bloodborne pathogens.
- In the absence of a nearby infirmary or hospital, a trained first aid provider must be available.
- Emergency contact information should be referenced for calling medical services when necessary.

## Supplies and Equipment



- First aid supplies must be readily accessible.
- All first aid kits should be equipped for the environment they are used in (e.g., weatherproof storage for outdoor use).
- First aid kits must be inspected:
  - Monthly to verify stock and expiration dates.
  - Before being sent out to a job site.
  - Expired or depleted items must be replaced immediately.
- Eye wash stations or safety showers must be provided where corrosive materials are used.

## **Transportation**

- In cases requiring medical care, the on-site responder must contact the designated medical provider and follow their recommendations.
- Serious injuries requiring external medical attention include severe bleeding, head trauma, spinal injuries, fractures, loss of consciousness, and other significant conditions.
- Transportation methods may include:
  - Private or company vehicle.
  - Emergency medical services (EMS) or medi-vac transport.
  - Other prearranged transport options as appropriate for the situation.

## **Training**

- Designated first aid providers must be trained in CPR and first aid by the American Red Cross or an equivalent organization.
- Trained employees must be equipped with first aid and bloodborne pathogen kits.
- First aid training must be regularly refreshed and documented.